## ROCKDALE COUNTY SCHOOL NUTRITION ELEMENTARY SCHOOL BREAKFAST MENU School Year 2023-2024

Meal Prices Students: \$1.10 Adults \$2.35

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Choice of Entrée:	Choice of Entrée:	Choice of Entrée:	Choice of Entrée:
French Toast w/Sausage	Cheese Grits, Scrambled	Chicken or Sausage Biscuit	Rockdale's Famous
or	Eggs & Toast	or	Homemade Cinnamon
Fruit Smoothie	or	Fruit Parfait w/Grahams	Roll
w/ Grahams	Glazed Pull Apart	or	or
or	or	Assorted Cereal	<b>Assorted Cereal</b>
Assorted Cereal w/ Grahams	Pop Tart & Yogurt Cup	w/ Grahams	w/ Grahams or
And	And	And	Pep Tart w/Yogurt
	Choice of:	Choice of:	And
Choice of:	Fruit and/or Juice	Fruit and/or Juice	
Fruit and/or Juice	Milk	Milk	Choice of:
Milk			Fruit and/or Juice Milk
	Choice of Entrée:  French Toast w/Sausage	Choice of Entrée:  French Toast w/Sausage or Fruit Smoothie w/ Grahams or Assorted Cereal w/ Grahams And And Choice of: Fruit and/or Juice  Choice of Entrée:  Cheese Grits, Scrambled Eggs & Toast or Glazed Pull Apart or Pop Tart & Yogurt Cup  Choice of: Fruit and/or Juice Milk	Choice of Entrée:  Choice of Sausage Biscuit  or  Fruit Parfait w/Grahams  or  Assorted Cereal  w/ Grahams  And  And  And  Choice of:  Choice of:  Fruit and/or Juice  Milk

USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

MENU SUBJECT TO CHANGE WITHOUT NOTICE